Dana D. Perrito

thememorywhisperer@gmail.com

#### Education

## Certificate of Gerontology, 2013

# Archdiocesan Spirituality Center/New Orleans, LA

Studies: Spirituality

Completed 2011 – Spiritual Director Credentials

# St. Joseph Seminary College, St. Benedict, LA

Religious Studies Master Catechist Date of Graduation: August, 2000

## Louisiana State University, Baton Rouge, LA

1976-78; English Education Major

#### Work

### **Experience**

# Alzheimer's Services of the Capital Area

3772 North Blvd.., Baton Rouge, LA 70806 \* (225) 334-7494 Director of Services July, 2008 – December, 2018

- Oversee Programs and Services for non-profit organization which serves individuals and caregivers affected by Alzheimer's disease
- Manage team of five Program employees
- Direct/coordinate activities and programming for two (2) Adult Respite Day Centers, *Charlie's Place*, including Licensing, Marketing, Intakes, and Admissions [Charlie's Place admits individuals with Alzheimer's and/or dementia-related disorders]
- Oversee/coordinate Caregiver Respite Reimbursement Program, including inquiries, applications, and check reimbursements
- Prepare reports and assessments
- Write material for media, grants and publications
- Speaker/Instructor Dementia Care Training
- Attendance at Health Fairs, Exhibitions, and Speaking Engagements
- Assist in daily Helpline phone calls
- Has secured thousands in revenue from grant writing for funding of programs for organization
- Train/Oversee Service Learning program and collaboration with LSU, OLOL College and BRCC

## St. Jude Catholic Church, Baton Rouge, LA

9150 Highland Rd., Baton Rouge, LA 70808 \* (225) 766-2431 *Director of Ministries* July, 2001 – July, 2008

- Direct/manage 42 diversified ministries of church parish; train ministry participants; conduct presentations
- Plan and coordinate parish events and liturgical celebrations; grief support, memorial and funeral services
- Oversee volunteer base of over 500 people
- Maintain parish Master Calendar of campus events/meetings/schedules
- Maintain Ministry budget
- Coordinate and arrange travel activities & itineraries
- Create/publish/conduct ministry and outreach presentations
- Write/publish weekly bulletin
- Co-editor of parish quarterly newsletter
- Create/publish flyers & brochures for events/prepare reports and correspondence
- Plan, organize a team, oversee, and implement annual parish festival
- Administrative support in absence of pastor
- Supervise one Office Assistant

## St. Jude Catholic School, Baton Rouge, LA

9150 Highland Rd., Baton Rouge, LA 70808 \* (225) 766-2431

Director of Religious Education, Development Director, & Technology Coordinator August, 1997 – June, 2001

- Coordinated all school liturgies, prayer services and retreats, and outreach programs
- Maintained certification files on faculty/staff
- Directed/planned personnel and student retreats
- Managed religious education curriculum for school
- Managed Public Relations, grant writing and fund-raising
- Produced all school programs/conducted presentations
- Edited school newsletter
- Conducted tours of school
- Managed school's technology equipment
- Supervised volunteer technology team
- Installed computer programs; conducted faculty training
- Maintained complete inventory of school's computer equipment
- Organized/directed network wiring of school
- Served on School Advisory Board

### Holy Family Catholic School, Port Allen, LA

Dir. of Development & Stewardship August, 1996 – July, 1997

- Directed parish programs regarding three-part Stewardship program
- Directed/managed annual fund drive
- Produced/edited quarterly newsletter
- Managed school Foundation
- Managed/recruited volunteers
- Directed all areas of Public Relations
- Published brochures/various materials for school and church

# Ollie Steele Burden Manor Nursing Home, Baton Rouge, LA

Activity Director/Alzheimer's Unit January, 1990 - August, 1996

- Part of team that coordinated and opened the FIRST Alzheimer's unit in Baton Rouge
- Planned/coordinated all activities for residents on Alzheimer's Unit
- Assisted families in Family Support Programs
- Produced/maintained monthly activity calendar
- Editor, quarterly nursing home magazine
- Managed/directed activities of all volunteers
- Created/conducted employee presentations
- Served as liaison with the Franciscan Missionaries of Our Lady Mission Task Force
- Served as Volunteer for local Alzheimer's organization

#### Interests, Memberships and Activities

• Alzheimer's Services of the Capital Area (Baton Rouge, Louisiana)

1995-1998 -Memory Walk Public Relations Chair, Part of team that started the FIRST Walk for Alzheimer's in Baton Rouge

1998-01 -Memory Walk/A Walk to Remember Chair and Co-Chair

2001- - Speaker, Spring Educational Conference, Alzheimer's Services,

2001--2004-07 -A Walk/Run to Remember, Publicity

2004-07 - Grant Writing/Public Relations Volunteer 2006-07 - Advisory Panel, Respite Center Planning

1995-2008 - Volunteer

2006-Present -Walk/Run To Remember Team Captain

- 1999 2003 St. Jude School Community Cougars 7th/8th grade service organization Founder/Moderator
- 1987-2015 (Volunteer) St. Jude Catholic Church Fair Core Committee
- 2001-2005 (Volunteer) Gardere Lane Kids Activity Center, [for at-risk kids]
- 1987-2007 Ollie Steele Burden Manor, (Volunteer Companion to Resident)
- 2006 Board Member, Louisiana Arts & Artists Guild
- 2008 Member, Louisiana Watercolor Society
- 2009- Volunteer, Louisiana State Alzheimer's disease Task Force
- 2009-Present Louisiana Volunteers in Action (LAVA); Department of Health and Hospitals
- 2009-2014 Board Member, National Adult Day Services Association; Conference Awards Committee Chairperson
- 2009 State Certified Dementia Curriculum partnered with LSU's Dr. Katie Cherry and Dr. Neila Donovan to compose an 8-hour required curriculum for dementia training in nursing homes; FIRST to be certified in the State of Louisiana
- 2011 –2015 Board Member/Secretary LEADER [Louisiana] Louisiana Enhancing Aging with Dignity Through Empowerment and Respect; Committee Chairperson, Summit Planning
- 2012-Present Louisiana State Dementia Workgroup Coalition through CMS goal: reduction of antipsychotic medications given to residents with dementia in nursing homes
- 2011-Present Instructor, LSU Olli Lagniappe Studies Wrote curriculum, "It Matters to Your Brain" -- 6-week course
- 2012-2015 Dementia Workshop Planning Committee; Catholic Diocese of Baton Rouge, Marriage and Family Life Department
- 2013-Present Columnist, Alzheimer's Q & A, The Advocate (weekly), Baton Rouge, LA
- 2014 –2015 Volunteer, *The Crossing* (In-patient Hospice facility)
- 2014 2015 Executive Committee, (Secretary) LEADER
- 2014 –2016 Writer/Contributor *The Brain Wellness Newsletter*/Pennington Biomedical Research Center, Baton Rouge, LA
- 2013-2015 Education Committee Member/Awards Chairperson National Adult Day Services Association
- 2016-2018– The Pioneer Network (National Culture Change Group); Communications Committee Member
- 2016-Present AARP of Louisiana-Live at Home/LA Coalition
- 2018 Development Campaign Committee Member; St. Joseph Congregation

- 2019-Present Stephen Ministry Leader, St. Aloysius Church, Baton Rouge (Stephen Ministry is the one-to-one lay caring ministry that takes place in congregations that use the Stephen Series system. Stephen Ministry congregations equip and empower lay caregivers—called Stephen Ministers—to provide high-quality, confidential, Christ-centered care to people who are hurting.)
- 2019-Present Volunteer Hospice in His Care
- 2019-Present Community Educator/Alzheimer's Association/LA Chapter

#### **Awards and Commendations**

- 1993 and 1994 "Top 5 Activity Programs for the Elderly in State of Louisiana" (at Ollie Steele Burden Manor) by the Governor's Office of Elderly Affairs
- 1994 Activity Director of the Year, by the Activity Professional Association of Louisiana
- 1994 Louisiana Nursing Home Association Region II Activity Director of the Year
- 2001 "Outstanding Service as a Catholic School Educator" by the National Catholic Educational Association
- 2003- Baton Rouge, LA Honoree "Where Service Matters" Award in recognition of Volunteer Contributions to Alzheimer's organization
- 2005 Top Individual Fundraiser/Alzheimer's Services "A Walk/Run to Remember"
- 2008- Charlie's Place, National Adult Day Services Association's Day Center of the Year [Director]
- 2009 Solaris Award -Outstanding Community Outreach Program Alzheimer's *Lunch-n-Learn* Educational Sessions by the Greater Baton Rouge Family Road Association
- 2009/2011/2013/2016 Alzheimer's Foundation of America Excellence in Dementia Care Program of Distinction for *Charlie's Place*
- 2012 Poster Presentation Winner, *The Faces of Alzheimer's Disease*; Louisiana Geriatric Society Annual Conference
- 2014 Citizen Champion Award by LATAN (Louisiana Assistive Technology Access Network) for work in integrating technology with dementia population-the only day center (Charlie's Place) in the State of Louisiana to have such technology
- 2016 National Director Award, National Adult Day Services Association
- 2016 Second Place/Top Fundraiser -Family Team Alzheimer's Services "Walk/Run to Remember"
- 2017 LSU C-Cell Award Charlie's Place Service Learning Program
- 2017 Second Place/Top Fundraiser -Family Team Alzheimer's Services "Walk/Run to Remember"
- 2017 Lynette Fontenot Excellence in Inclusion Award by the Louisiana Governor's Office of Disability Affairs.
- 2019 25-year Volunteer Service Award Alzheimer's Services of the Capital Area/Baton Rouge
- 2021 Tandy Spirit Award for true commitment to service in her work– caregiving.com
- 2022 Daily Point of Light Award Points of Life Network
- 2022 Seneca Women Podcasts to Hear Selected as one in ten women to attend Seneca Women's/iHeart Radio first podcast academy and to launch episodes of "The Memory Whisperer" on those platforms (https://www.senecawomen.com/podcasts-academy)

#### **Presentations:**

2001

Activities for Alzheimer's Patients

Alzheimer's Services Annual Conference

Baton Rouge, LA

2008/2009/2010

Spirituality and Dementia

-Alzheimer's Services "Maximize Your Memory Day"

Baton Rouge, LA

Behavioral Management for Alzheimer's Patients

Alzheimer's Services

-Lunch-n-Learn Educational Series

St. Elizabeth Hospital – Gonzales, LA

-St. Helena Council on Aging/St. Helena Parish, LA

## Communication with Alzheimer's Patients

Alzheimer's Services

-Catholic Charities/Diocese of Baton Rouge

-Our Lady of the Lake Regional Medical Center

Nursing Students/Service Learning Program

-Louisiana State University

Communications Disorders Class/Service Learning

Program

-Louisiana State University

Psychology Class/Service Learning Program

-Southern University

Rehabilitation Studies

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2009

Co-developed & wrote curriculum with Louisiana State University for State Required Dementia Training in accordance with Legislative Act 571 for personnel in nursing homes and adult residential communities. Curriculum was first curriculum approved and certified in the State of Louisiana.

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2010

Launched first 8-Hour Dementia Training Class; Served as Instructor for following topics:

- Behavior Management of Alzheimer's Patients
- Promoting independence in activities of daily living
- Dealing with Family issues

2010	Presenter - National Adult Day Services Association National Conference; Raleigh, NC Spirituality and Dementia: A Holistic Approach	_
2011	Converted Dementia Training Class to "Train-the-Trainer" Curriculum. Continued serving as Instructor	
2011	Instructor – LSU Olli Lagniappe Studies: It Matters to Your <u>Brain</u> (wrote curriculum) - 6 week course	=
2012	Presenter – Diocese of Baton Rouge/Marriage & Family Life Dept./ Topic: <i>Dining and Dementia</i>	
2012	Instructor/Curriculum creator – LSU Olli Lagniappe Studies: <u>Brain</u> - 6 week course - Baton Rouge	<u>It Matters to Your</u>
2013	Presenter - Louisiana Nursing Home Association Social Worker Training Workshop - Untangling the String in Communication w/Alzheimer's	
2013	Presenter - Alzheimer's Services of the Capital Area Lunch-n-Learn: <u>The B-word in Behavior is Not That Bad</u>	
2013	Presenter - Baton Rouge General Mid-City Tulane Medical School <u>Let's Talk About Alzheimer's</u>	
2013	Co-Presenter – Alzheimer's Services Lunch-n-Learn Baton Rouge, LA <u>Activities and Alzheimer's</u>	
2013	Instructor - LSU Olli Lagniappe Studies <u>It Matters to Your Brain</u> 6-week course/Ascension Parish, Louisiana	
2014	Instructor - LSU Olli Lagniappe Studies <u>It Matters to Your Brain</u> 6-week course/EBR Parish, Louisiana	

2014	Co-Presenter – LEADER 2014 Summit Marksville, LA  1) <u>Technology &amp; Activities</u> 2) <u>Untangling Your String of Communication</u>
2014	Presenter – Louisiana Retired Teachers' Association Conference Marksville, LA <u>It Matters to Your Brain</u>
2014	Presenter-Alzheimer's Services Lunch-a-Learn Baton Rouge and Plaquemine, LA <u>Dining and Dementia</u>
2014	Co-Presenter-Alzheimer's Services Lunch-a-Learn Baton Rouge, LA <u>Activities for Alzheimer's</u>
2015	Presenter-Alzheimer's Services Lunch-a-Learn Baton Rouge, LA Sorting Through the Word Salad
2015	Instructor – LSU Olli Lagniappe Studies/6 week course Baton Rouge, LA <u>It Matters to Your Brain</u>
2015	Co-Presenter – Pioneer Network National Conference Chicago, IL <u>The Good, The Bad and the Ugly; Finding the Rest of the Story</u> <u>in Individuals with Alzheimer's disease or Dementia</u>
2015	Presenter – Women's Week Greenoaks Funeral Home, Baton Rouge, LA <u>Alzheimer's 101</u>
2015	Co-Presenter – Dementia Training (5 Hours) in 25 Nursing Homes Baton Rouge, Slidell, Lafayette, New Orleans, Hammond <u>Activities, Communication, Behaviors, &amp; Person-Centered Care</u>

2016	Instructor - LSU Olli Lagniappe Studies <u>It Matters to Your Brain</u> 6-week course/Spring Semester/EBR Parish, Louisiana
2016	Presenter – Alzheimer's Services Lunch – N- Learn <u>Music and Dementia</u>
2016	Co-Presenter – National Pioneer Network Conference/New Orleans, LA <u>The Good, the Bad and The Ugly: Person-Centered Care</u>
2016	Co-Presenter – National Adult Day Services Association/Indianapolis, IN <u>The Good, the Bad and The Ugly: Person-Centered Care</u>
	Co-Presenter – National Adult Day Services Association/Indianapolis, IN <u>Aging Meets Technology</u>
2015-2018	Presenter/Curriculum Developer Louisiana Department of Health <u>Dementia Care Training</u> 50 Louisiana Nursing Homes/annually
2017	Trainer, Carrington Place Nursing Home, Baton Rouge, LA <u>Monthly In-Service Trainings for Staff/Dementia Unit</u>
2017	Presenter – Alzheimer's Lunch-N-Learn- Baton Rouge & Gonzales, LA <u>Adjusting to Long Term Care</u>
2017	Presenter – Veteran's Administration- Baton Rouge, LA <u>Staff In-Service - Alzheimer's Overview/Research/Medications</u>
2017	Co-Presenter – American Society on Aging Conference, Chicago, IL <u>Success Stories of a Social Model Respite Center for Alzheimer's</u> <u>&amp; Dementia Care</u>
2017/18	Presenter – Laughter Yoga - Humana Wellness Center, Baton Rouge, LA
2018	Presenter – Brain Healthy Lifestyles – Humana Wellness Center, Baton Rouge
2019	Presenter – The Spiritual Graces of Aging- St. Joseph Congregation, Baton Rouge
2019	Presenter – The Importance of Good Brain Health – St. James Place, Baton Rouge

2019	Presenter- The Journey of Caregiving - St. Aloysius Church, Baton Rouge
2020	Presenter - 5 Habits to Help Prevent Alzheimer's Disease – Humana Wellness Center, Baton Rouge
2021	Presenter – Monthly ZOOM Alzheimer's educational series to Ochsner Hospital Golden Opportunities (senior) Group
2022	Presenter (via Zoom) – <i>Caregiving Coaching</i> for Alzheimer's Services of the Capital Area/Charlie's Place, Baton Rouge, LA.
2022	Presenter – <i>Filling in the Gaps</i> (How to have conversations with individuals with dementia, lending dignity and respect); St. Joseph Congregation, Baton Rouge, LA
2022	Presenter – <i>Broken, Burdened and Blessed</i> , (a Lenten reflection event to help transform all our brokenness and burdens to blessings): St. Aloysius Catholic Church Stephen Ministry, Baton Rouge, LA
2022	Facilitator/Organizer – <i>Aging Faithfully</i> by Alice Fryling, (a six-week book examination series for older adults exploring ways to navigate the journey of retirement, lifestyle changes, and new limitations); St. Jude Catholic Church, Baton Rouge, LA
2020-Present	Community Educator/Alzheimer's Association/LA Chapter – monthly Educational ZOOM presentations for caregivers and those affected by Alzheimer's disease (Communication, Behavioral Challenges, Brain Healthy Lifestyles, 10 Warning Signs)

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### **Poster Presentations/Abstract**

- 1. Donovan, N.J., PhD; Pinas, C.M. & Territo, D. (2016, July) Does individualized music reduce agitation and confused responses in respite center clients? 2017 Aging in America Conference, Chicago, IL (Poster)
- 2. Donovan, N.J., PhD; Dupre' B.J., & Territo, D. (2016, July) Individualized music interevention to reduce agitation and increase communication in respite care. 2017 Aging in America Conference, Chicago, IL (Poster)